

# 5

JUICY QUESTIONS

with...  
**Ioan Gruffudd,**  
41, starring in the film  
*San Andreas*

**1** **When was the last time you were really scared?**  
I was driving on the freeway back from Palm Springs with my wife [actress Alice Evans]. I was in the fast lane doing about 80, and the car literally just turned off. Not only was it scary to be in that high-speed traffic, but it's kind of deserted land [there], and it felt like 120 degrees that day. We couldn't find any shade. It seemed to be forever before anyone got us.

**2** **How did you know that your wife was The One?**  
Falling in love with Alice was a long, slow burn. We worked together on a movie for six months, but we didn't get together until about a year afterward. Clearly, the seed had been planted. You know when you do things for them without thinking. You put yourself out for that person. You're driven by this urge.

**3** **Tell us the best lesson you've learned from a past relationship.**  
It's been a long time since I've been in a past relationship. I've done all of my learning—about patience and sacrifice—with my wife. To me it's important to know that those things are reciprocated. In love, it's a give and take. And it's amazing how it ebbs and flows.

**4** **Do you have a habit that you need to break?**  
I put a lot of undue pressure on myself. I have panic attacks where I am just consumed by them. I've had them on camera where we'd go for another take and I'd just burst into tears and collapse to the ground hyperventilating and clutching my chest. It's frightening. I think happiness and positivity can be a choice. It can be a rewiring. I am reading lots of books on mindfulness and have been trying out methods to stop myself from going to those places.

**5** **What do you sleep in?**  
In L.A., naked, but in New York, I wear Hugo Boss pajamas. They're beautiful. If I had Hugh Jackman's physique underneath them, they would look really sexy and tight.  
—Faye Brennan

### Fast Talk

- > **Stay home or go out?**  
Stay home.
- > **Makeup or au naturel?**  
Makeup.
- > **Twitter or Instagram?**  
Oh dear, dear, dear. Instagram.
- > **Your guilty pleasure?**  
Um. Golf.
- > **Favorite dish to cook?**  
Mario Batali's Ragu Bolognese.
- > **Shower song?**  
Because I'm so maudlin, it's Adele. "Someone Like You."