A full-page photograph of a man with short, dark hair, smiling broadly. He is wearing a dark grey polo shirt with a white collar and brown cargo pants. His right hand is behind his head, and his left hand is in his pocket. The background is plain white.

Will this
sheepish grin
get you in
the sack?

*Hey, ladies:
The photos in this
article show models,
not the men
we surveyed.

his deepest,

DARKEST

(and hottest)

SEX

secrets

REVEALED

Sometimes sex is hard to talk about, so *WH* did it for you. Guys confessed exactly what drives them wild in bed—and what they wish you'd do even more of.

by Faye Brennan
photographs by Brooke Nipar



Warning: It's not always pretty.

W

hen *WH* decided to ask guys intrusive questions about their sex lives (like “What do you want in bed but are afraid to ask for?”), we weren’t sure of the responses we’d get. The result? Men told us everything (and we mean *everything*). Some of it made us smile (our workout clothes are a turn-on!), other answers had us grimacing (what’s with the threesome requests, dudes?), but all of it gave us better insight into what guys wish happened in bed...or in their cars. So now, we’re sharing their covert desires...but don’t tell them you heard it from us. Plus, tips to up your game!



“Sometimes I prefer to just fool around rather than have sex.”

—Dave, 24

“I’m starting to reconsider my marriage because we don’t have enough sex.”

—Anthony, 28

“I ENJOY ORAL SEX AS MUCH AS ACTUAL SEX.”

—Danny, 26

“I love going down on her.”

—Saber, 25

74%

>> Guys who would tell a partner if she were doing something he hated in bed.<<

Girl on Top Hearing “I love it when she’s on top” over and over would’ve been groundbreaking—if the men in our survey were talking about corporate ladders instead of sex positions. “They enjoy letting go and submitting to you in bed,” explains Jessica O’Reilly, Ph.D., a sexologist in Los Angeles and author of *Hot Sex Tips, Tricks, and Licks*. So whether that means straddling him on a chair or facing his feet in reverse cowgirl, you might as well enjoy being admired.

“I’D LIKE TO BE WOKEN UP BY HER GOING DOWN ON ME.”

—Pete, 22



His Biggest Insecurities

Men can be pretty self-conscious: Many of our respondents admitted to having performance anxiety. So, how do get your guy to calm down? “In the moment, let him know what he does that feels good for you or turns you on,” says Abraham Morgentaler, M.D., author of *Why Men Fake It*.

Forty-four percent of the men we surveyed also said their greatest fear during sex is finishing too soon. Avoid this by instructing your guy to slow down (“Most men believe sex requires constant thrusting,” says Morgentaler, but doing so only speeds up climax), and tell him how hot it feels just having him inside you. His confidence will rise, and he’ll have more control over his ejaculation time.

“I want a threesome with her friend.”

4 —Archie, 22

“No matter what your actual number of guys slept with is, I am extremely judgmental and think it’s too high. I do, however, expect you to accept my actual ridiculously high number of women.”

6 —Mason, 37

“I love dirty talk, but if it’s not happening on its own, it’s really hard to ask for.”

5 —Jack, 30



! READ AT YOUR OWN RISK

Men really do tell all (and aren’t afraid to get graphic). A sampling of the guys’ least-poetic admissions:

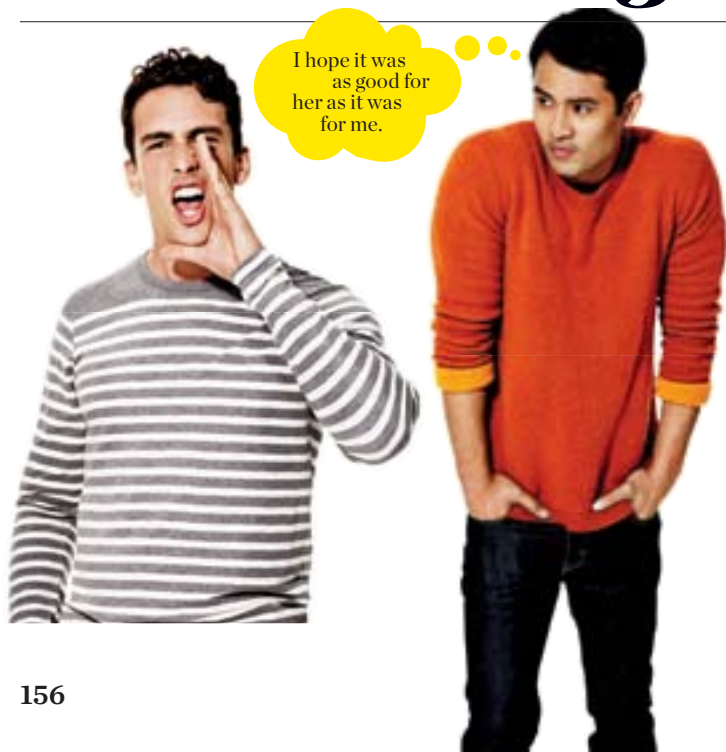
1. “I’ve used my wife’s vibrator without her.”
2. “I sniff my wife’s dirty panties.”
3. “I would like to see her give a blow job to another guy.”
4. “I’ll sometimes think about her cuter friend while we’re doing the deed.”
5. “I’ve had masturbation sessions that were better than most of the sex with my partner.”

54%

>> Guys who wish they’d never heard of *Christian Grey, the kinky-sex master in Fifty Shades of Grey* <<

“I’m having an affair.”

—James, 45



“I want to record us doing it and then watch it later on.”

7 —John, 20

93%

>> Guys who wish their partner would be open to more positions <<

LEFT PAGE: CLOTHES FROM TOP LEFT: TRUE RELIGION LEATHER JACKET, FODADA TOP; AMERICAN APPAREL TANK, PRPS JEANS, CUFFLINKS.COM BRACELET, MODEL'S OWN SUNGLASSES; WON HUNDRED SWEATER, LEVI'S JEANS; AEROPOSTALE SWEATER, PRPS JEANS; MODELS OWN WATCH



“I love a girl who is confident in her body.”

—Michel, 21

4 Adding another lady to the mix—a feeling driven by dudes’ Adonis-like need to be worshipped by two women—was many a guy’s wish in our survey, but that doesn’t mean you should grant it. Very few couples can actually survive a ménage à trois without jealousy or disappointment in the experience, says Fulbright.

5 Turn the dialogue from PG-13 to R *outside* of the bedroom first, says Melissa Richman, Psy.D., L.C.S.W., a psychotherapist and relationship expert in Beverly Hills, California. During an intimate dinner, ask what he likes when you make love, then tell him the same. When you hit the sheets later, bring up those same points in a sexier tone—you’ll be surprised by how hot “So you like it when I...?” can sound.

6 He wants to talk about how many partners you’ve had in the past? Try not to have this conversation...*ever*. Other than your STD history (of course), “there is absolutely no reason your current partner needs to know everything about your past sexual exploits,” says Morse. The same goes for you—knowing where he’s been will only conjure up an ugly image. If he persists in asking, don’t lie. Instead, ask him sincerely why he wants to know and how this info will be useful to him. If he can’t explain himself, this may be a red flag that you should reevaluate this guy: He may be overly judgmental or insecure, says Morse.

7 A 2011 study published in *The Journal of Sexual Medicine* found that a widespread network of neurons are activated when men see sexually arousing images, and experts say it’s erotic to a guy to watch himself in action. But should you costar? Morse doesn’t recommend it. The exception: if you’re in a long-term relationship and you destroy the evidence immediately after your viewing pleasure. ■